

“Visions of the Heart Made Manifest”

A Sacred Intuitive and Sound Healing Circle for Opening the Heart

East Meets West Center, 144 W. Church St., Vienna, VA

October 3, 2010 • 2:00 p.m. - 5:00 p.m.

Fee: \$35 / at the door

*“Experience the shift from mind
to heart through pure intention
and appreciation and
supported by transformative
music, energy, sound,
and sacred movement.”*



Mark Torgeson and Carol Fitzpatrick
are co-founders of the Center for Planetary
Awakening in Fredericksburg, VA
www.planetaryawakening.org

"I felt sensitized to my own heart and the hearts of each person in room. I felt light and energy coming into my body and by the end of the evening I was physically transformed. The fatigue I brought into the session had vanished. Emotionally, I was enjoying a wonderful serenity, a feeling that the pieces of life fit together even when I can't see how and the knowledge that 'All is truly well.'" —Hap Mullenneaux, workshop participant, Alexandria, VA